

Meeting Minutes

Clark County Wellness Committee Thursday, January 10, 2019 10:00 AM Clark County – Room 305

In Attendance: Janilee, Ann, Theresa, Shawn, Jodi, Rebecca, Kelly M
Missing: Tammy & Kelly R

1. Call to Order
 - Call to order at 10:05AM
2. Roll Call
 - Jodi (Forestry) will be joining the Wellness Committee in place of Carrie
3. Wellness Committee Minutes from September 20, 2018
 - Rebecca makes motion to approve September minutes—Shawn seconds
 - Rebecca will send minutes to Gayle to be posted on the County website
4. Wellness Committee Minutes from December 21, 2018
 - Rebecca makes motion to approve December meeting minutes—Theresa seconds
 - Rebecca will send minutes to Gayle to be posted on the County website
5. Financial Report
 - Theresa will go ahead to make fruit purchases once per month
 - Kelly M & Janilee will check to see where the \$41.98 charge came from under the Cardmember Services
 - 2019 Wellness Committee budget discussion:
 - Terri believes unused wellness dollars from 2018 will go into wellness fund balance (possibly around \$20,000) → This will go into the 2019 budget
 - Wayne thought \$40,000 would still be budgeted for Wellness
 - Theresa makes motion to approve Finance report—Shawn seconds
6. Review Wellness Programs of local Counties/MMC
 - Janilee reached out to Jackson, Wood, Eau Claire, MMC, & other entities requesting information on their wellness programs
 - Wood County → wellness program is tied to health insurance premium
 - Jackson County → has no wellness program, but has a wellness portal
 - Eau Claire County → is partnered with Mayo Clinic & offers premium discounts & HSA discounts
 - MMC → does weight loss challenge, onsite screenings, wellness coaching, access to clinic provider presentations
 - MMC could possibly take over other (employer-based) wellness programs, but that would require further discussion
7. Agenda for March
 - 2019 Wellness Committee budget confirmation
 - Quarterly planning for Wellness activities

- Ergonomics presentation
 - Update on Marshfield Medical Center – if would be open to contracting for Wellness
 - Status of Wellness Committee members
8. Adjourn

Action Items:

- **Rebecca** will send September & December meeting minutes to Gayle to be posted on the County website
- **Theresa** will make fruit purchases once per month
- **Janilee & Kelly M.** will check 2019 budget allotted for Wellness Committee
- **Kelly M & Janilee** will check to see where the \$41.98 charge came from (under the Financial Report—Cardmember Services)
- **Kelly M.** will give **Theresa** contact information for ergonomics presentation
- **Ann** will get more information on Amazon gift card(s) incentive(s)
- **Janilee** will mention Wellness Committee membership at next Department Head meeting (member recruitment/sustainability)
- **Theresa** will reach out to MMC
- **Shawn** will approach IT to create Wellness folder in shared drive for resources that all employees can access

Next meeting: March 14th 10:00-12:00